

PROBE

Bulletin of the Probus Club of Bendigo Inc.



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President: John Hardy Phone: 5441 6657

Secretary: Bob Chenery Phone: 54424546

Editor: Alec Crothers Phone: 54432642

A Special General meeting is held every 3rd Wednesday of each month at 9,30am at the Masonic Centre, McIvor Rd, Bendigo.

All correspondence to be addressed to The Secretary, Bob Chenery, 49 Emmett Street Golden Square 3555.

Tour organiser and Activities Co-ordinator Arthur Eaton, 4 Maxwell Cresent, Bendigo Phone: 5443 9162

As this meeting is the Annual General Meeting there will be no Guest Speaker

The Guest Speaker at the February Meeting was Emily Roberts, who was introduced by Frank O'Connell who is the Grandfather of her husband, Emily is a pharmacist and spoke on wise use of medicines. As a rather sobering start it was revealed that 20% of the admission of elderly people to Emergency Wards are due to errors in taking drugs.

A drug is a medicinal substance which has an effect on the body. There are several categories into which drugs are classified, a fundamental one being between Prescription and Non-prescription drugs. Some surprising substances are regarded as drugs for instance anti-flu injections, not to mention nicotine and alcohol.

With all drugs it is essential to follow the intructions regarding, for instance, dosage and timing. These instructions are written on the packet or bottle by the pharmacist and usually by the prescribing doctor. Non-prescription drugs also carry instructions.

An important warning is not to take someone else's medicines.

Where a course is prescribed this should always be carried on to the end. If there is a surplus at the end of the course, or if an alternative is prescribed, the surplus drugs should not be kept, but handed back to the pharmacist for disposal.

Generic drugs are copies of the original brand drugs, manufactured by a different company. They contain the same active ingredients, but there may be different inactive substances. Often these generic drugs are cheaper than the original brand, but just as effective.

Ken Coles thanked the Speaker.

It has been said that one in every four people is unbalanced. Just think of your three closest friends. If they seem alright then you are the one.

and

As this is the Annual General Meeting there will be no Committee Meeting preceding it, but hands will be needed at 9:30 to set up the meeting room.

Commencing with the April Meeting we revert to the standard 10:00am opening.

and

THE TREASURER'S CORNER

At our meeting of February 18th, I remarked on the deterioration of our General Account funds during 2003-04. The decrease was brought about by reductions in membership, meeting attendance and bowls income, combined with substantial purchase of presentation mugs. Concurrently our running costs continue to increase.

As a result of the above I will propose the following increases in fees at our A.G.M.

1. Annual Membership fee to increase from \$20.00 to \$25.00

2. Meeting Attendance fee to increase from \$2.00 to \$3.00

Assuming these changes are approved members should note that provision for the collection of membership fees has been made at the conclusion of both the Annual Meeting (Tea Break) and the following General Meeting.

Membership Fees not paid at the meeting are to be paid on or before the April meeting. The change to the Attendance Fee to apply from April onwards.

and

BIRTHDAY WISHES

MARCH 2004

02	Peter Randall	70
17	John Sanderson	80
19	Gordon Glover	87
23	Ray Fitzgerald	82
23	Jim Harrison	82
25	Jim Aitken	79
	XIL	

APRIL 2004

8	Ian Bennett	79
11	Ron McCullogh	81
12	Les Nankervell	87
13	Len Roy	80
15	Ed Trewartha	83
20	Tom Iser	85
21	Eddie Hogan	79
23	Geoff Biles *	76
29	Warren Winzar	77

Bowls Notes February - March 2004

On Thursday 26th March the combined Probus Clubs Championship was played at Eaglehawk. The day was held in glorious sunshine and was very well organised by Eaglehawk Probus as the previous years winner. There were 8 sections with individual section winners with the championship going to the Club with the highest aggregate points. From the four rinks entered by Bendigo Probus two were section winners and two were second in their sections, giving Bendigo aggregate of 184 points, and runaway winners.

Very well done to all players. The two section winners were Jean Hesse, Aub Daniel (Sandhurst), Peter Bath and Skipper, Herb Hesse, and Warren Winzar, Arthur Eaton, Frank O'Connell with skipper, John Tate. Many thanks to Jean and Aub for substituting on the day.

and

Show me a man who counts on his fingers and I will show you a digital computer.

Bowls Notes Con't

The game for March is against Woodbury at that club on Thursday 25th with Assembly 9:30am for a 10:00am start. <u>Casual</u> dress with Probus shirts if possible. A win should not be beyond us after our efforts at Eaglehawk, but bowls can be a funny game. Teams as selected for two bowls triples:

- D. Laity M. McDonald J. Kelly R. Chenery G. Glover
- E. Hogan L.Roy A. Court W. Clemens F. O'Connell

J. Tate R Fitzgerald P. Bath M. Boyd H. Hesse

Bill Clemens

Vale

This month we have to record the sad loss of two members. Alistair McLean, a foundation member, who died in Geelong, and Dal Martin, a long-standing member.

and

A driver reporting an auto accident made the statement "My car sustained no damage whatever and the other car somewhat less"

PROBUS CLUB OF BENDIGO - TRIPS INFORMATION

THURSDAY 22nd APRIL. - LOCAL AREA TRIP - VISIT (2) ATTRACTIONS Maximum: (49) With a Light Morning Tea & Lunch included. Current Bookings: (26) Road Coach - Depart: 8.45am from Strath Community Centre.

COST: \$25.00 per Person Includes: Coach Fare, Entry Fees, Light M/Tea & Lunch \$16.00per person includes: Coach Fare, Entry Fees, Light M/Tea

* More bookings are required: Will take Coach/Tour Bookings without Meal segment. Road Coach - Departs 8.45am: Travel per Road Coach where our first visit is to "Confectionery Capers" (the name is a Marketing theme.) which is situated 10 km East of Bendigo. This attraction is: Entertaining, Surprising, Puzzling, Intriguing and Educational, there is much of interest for both young and old. At the conclusion, if you wish can purchase some of the World's best Jelly Beans. The venue is well set out on level floor space.

Visit concluded we depart Confectionery Capers for our second venue which is to "Living Wings & Things" which is situated nearby the Bendigo Pottery. Walk through the Tropical Butterfly House featuring hundreds of free flying Butterflies. Walk among the many beautiful coloured Parrots and take the opportunity to see many other species. (Toilets: together with Disabled access and facilities.) Whilst here we have a Cuppa & Biscuits in pleasant outside

surroundings, or if required may be inside.. There is ample seating. We depart "Wings & Things" per Road Coach and return to Crook St. Car Park arriving at 12 noon.

LUNCH at 12.30pm: Is a Chinese Smorgasboard (with a variety of dishes - eat as much as you wish) Lunch Venue is at the House of Khong it is situated at 200 Hargreaves St. near Multi Story Car Park. ** Use own cars to travel from Crook Street to the House of Khong.

LIST: At meeting Wednesday 17th March. PAYMENTS: At meeting Wednesday 17th March.

LITTLE DESERT TOUR: Tues 21st to Thurs 23rd September. (3 Days/2Nights) Staying at Little Desert Lodge (Near Nhill in Victoria.) Have you seen TV Advert ? Maximum: (40) Current Bookings: (36) Vacancies for (4)

COST: \$264.00/Person. Includes: Road Coach, Accommodation (En Suite), All Meals, Entrance Fees. Single Supplement: (If room on own, add \$40.00/person.)

The Little Desert Nature Lodge is a peaceful retreat located on the edge of the Little Desert National Park. The Lodge offers comfortable facilities, warm hospitality and a memorable environmental experience. Set in natural bushland of 117 hectares and managed since 1976 by local "living treasure" Whimpey Reichelt, share in his knowledge and passion for the Little Desert. Our stay includes much variety.

On Day 1: Some free time, at 8.00pm we are taken on a guided "**Nocturnal Walk**," see the nocturnal creatures of the bush including Sugar Gliders, Bettongs and Sone-Curlews, listen to the many **sounds of the night**.

Day 2: A comfortable 4 WD Tour: we see many varieties of Spring Wildflowers, as well as birds & animals which inhabit the unique Little Desert Environment. We have lunch in the bush with "billytea" After dinner Whimpey will show a Video Presentation "Whimpey's World - Little Desert Flora & Fauna" with particular focus on the Malley Fowl bird. (An excellent video.) Day 3: At 9.00am, after breakfast we depart for a tour of the Mallee Fowl Sanctuary, a protected habitat which provides a rare opportunity to see these mound building birds in the wild. A Light Lunch will be provided prior to our **departure from the Lodge at 12 Noon.** (I am currently checking another attraction)

This will be an excellent trip, with much of interest for all, and taken at a relaxed, leisurely pace. LIST: Again available at meeting Wed 17th March.

and

A little boy asked "Why is it that so many churches have plus signs on them?"

TRIP TO CANBERRA - MONDAY TO FRIDAY In NOVEMBER, 2004

(Possible dates from Mon 22nd to Friday 26th Nov.)

Tour based on Minimum of 35 to travel. Current interested (29). Maximum (49)

** A 5 Day/4 Night Tour at approx cost of \$500.00 per person (Twin Share)

** A Single Supplement of \$160 would apply if request for a room on own.)

** Cost includes: All Coach travel, dinner, bed & breakfast, entrance fees and some Light Lunches.

** Available for your perusal at meeting on Wednesday 17th March.

** Two 5 Day/4 Night Canberra Tour Itineraries, (both of which may be altered or blended to suit.) LISTING At Meeting 17/3/04:

** Seeking further expressions of interest for a November 2004 Tour.

** It is important that I know A.S.A.P. if there be sufficient support for a trip to Canberra. Tours Organiser: Arthur Phone 5443 9162

> సాళు Archimedes of syracuse, To get into the news, Called out 'Eureka', And became the first streaker.